



Code of Conduct for All Participants

To accomplish the objectives of the SGSB, all of our participants (players, coaches, parents/guardians and fans) are expected to support a positive team attitude and spirit and exercise good sportsmanship in our activities and events at all times. Not only are our expectations of conduct important for the development of these values in our players, they are required for participation in the Puget Sound Travel League (PSTL), and are consistent with the rules of conduct required by the Issaquah School District (ISD) for participation in high school sports, where a high standard of student athlete behavior is required.

In consideration of being a Player, Coach, Parent, Volunteer and/or Administrator in Skyline Girls Select Basketball, I consent to abide by the rules of conduct set forth herein. I understand that these rules extend to my conduct in all activities and events sanctioned or sponsored by Skyline Girls Select Basketball including practices, travel to and from events, tournaments, and overnight stays. I also understand that if I violate any of the following rules, I may be subject to disciplinary action as deemed appropriate by the authorized person(s), boards, or committees of Skyline Girls Select Basketball. Disciplinary actions may include: loss of playing time; removal from the gym; suspension from a portion of the season; sending a player home from a tournament at the parent's expense, or dismissal from the Club without a refund of fees paid.

Actions Prohibited By Players, Parents, Volunteers, Coaches, or Administrators:

- Physical or verbal intimidation of any individual, to also include any form of intimidation or harassment through SMS/txt, email, social media, or any other means of communication (app or website; online or offline).
- Illegal transport, possession, or use of drugs or other illegal substances.
- Physical damage to a facility or theft of items from a room, dormitory, residence or other person. (Restitution will be part of any penalty imposed)
- Possession of fireworks, ammunition, firearms, other weapons or any item or material which by commonly accepted practices and principles would be a hazard or harmful to other persons.
- Any action considered to be an offense under Federal, State, or local laws/ordinances.
- Violation of the specific policies, procedures, and/or regulations of the various School Districts where we practice or participate in tournaments.
- Conduct which is inappropriate as determined by comparison to normally accepted behavior.

Participant Signature _____

Date _____



Expectations For Players

By playing in the SGSB Program, you have chosen to play basketball at an accelerated level. You will have opportunities that are not available to other local girls your age, and you are taking a spot other girls would love to have. That carries a responsibility for meeting a higher standard of dedication and behavior.

The higher standards of attitude and behavior are:

- **Don't let your teammates down!** This means attend practices, play hard, know your plays, be a cooperative team member, be a player your teammates can count on, be responsible and respectful.
- **Be coachable.** This means you are willing to be taught, pay attention, accept and follow instructions from your coach and be open to constructive feedback.
- **Have fun and be positive.** This means developing mental toughness that allows you to play through adversity (for example: "bad calls", your mistakes or those of your team). Learn to channel your frustration into a learning opportunity, not as a time to complain or make excuses.
- **Put your team first.** Demonstrate being a "we" player, not a "me" player. This means cheering for your teammates when you are not in the game, do everything you can to help others succeed, and be comfortable being accountable for your team's results (good or bad) regardless of your individual performance.
- **Respect others** and display good sportsmanship at all times. This includes with coaches, parents, referees, and opponents.
- **Talk to your Coach.** If you have an issue with your coach, the team, or how you are playing we expect you to make an effort to discuss the issue with your coach. Your coach will appreciate your effort and will want to have a discussion with you. If your coach offers advice, be prepared to follow through on that advice. Don't be afraid to share what support you feel you need to be successful.

I have read, understand, and am committed to demonstrating these standards.

Player Signature _____

Date _____

Team / Grade _____



Expectations For Parents

Family is an important part of SGSB and your support is key to making the experience enjoyable for your daughter and her teammates. There are four roles involved in the program: player, coach, referee, and parent. We ask you to spend 100% of your energy and passion as the Parent. We believe that means the following higher standards of attitude and behavior:

- **Be positive.** Please refrain from yelling at and criticizing *anyone* during games or practices. Exercise your powerful influence to build the team spirit we value and cheer loudly for your daughter and all of her teammates.
- **Empower the Coach.** Refrain from coaching and shouting instructions to your daughter during games and practices, as they may be inconsistent with the coach's instructions and objectives of the team. Even if they are not, it may inevitably force your daughter to tune you out, which is most often an unintended consequence. Trust your coaches and let them coach while encouraging your daughter to follow her coach's instructions.
- **Support The Coach.** Do not make negative comments about the coaches in front of your daughter as it can undermine the coach-player relationship. We expect the same from our Coaches. Support the coaches and stand behind their decisions, even if the decisions are not ones you would make if you were the coach. Parents are welcome to contact the head coach to discuss any concerns, keeping in mind the best time to do so is separate from a practice or a game, and not when players are present. Parents are encouraged to contact the President about complaints or concerns about a coach or SGSB after attempting to resolve it constructively with their daughter's head coach. For questions or concerns about playing time, playing positions, game strategy/tactics, or others topics that are really more likely your daughter's issues, we encourage you to coach her to have a courageous and constructive conversation with her coach first.
- **Silence with the Referees.** Do not harass the referees about calls, or yell at opposing coaches or any players. The Parent and Coach are the key models for what we are trying to teach the girls around emotional control and mental toughness in the face of adversity (e.g. not reacting to bad calls, which happen).

I have read, understand, and am committed to demonstrating these standards.

Parent Signature _____

Date _____

Parent Signature _____

Date _____



Code of Ethics and Behavioral Standards for Coaches/Board

At the team level, our coaches have the primary responsibility for accomplishing the goals of SGSB and leading by example in their conduct. Coaches are expected to display the values of good sportsmanship while teaching their players to play hard with a positive, competitive attitude.

I will...

- Be a role model and require my team to treat other players, parents, fans, and officials with respect regardless of race, sex, or ability.
- Be accountable; recognizing that I am responsible for the conduct of players, scorekeepers, parents, and SGSB fans during all games.
- Encourage good sportsmanship by demonstrating positive support for all players, parents, and officials at every game, practice, or other youth sporting event.
- Insist that my team play in a safe and healthy environment.
- Demand a drug, alcohol, and tobacco free sports environment for my team, and agree to assist by refraining from their use at all youth sporting events.
- Stress that winning is not the foremost object of the Club, but by competent coaching and positive reinforcement of goals, these young people will learn how to win, how to lose, and how to do both well.
- Inform my team that sports are only part of the education process. Teams are expected to put the proper emphasis on academics. I will work closely with parents to keep a proper perspective on sports and school.
- Make sure that each player receives an equal amount of coaching time at practice in an atmosphere where self-improvement is rewarded.
- Treat every player and parent/guardian in a respectful way and encourage them to express their opinions to me in an appropriate setting. I will have team meetings with parents/guardians at least once a year and make efforts to proactively seek feedback throughout the year.
- Commit the time and energy necessary to provide the player development and team experience that is consistent with the higher standard of "Select", competitive basketball.

Coach / Board Member Signature _____

Date _____